



Differences in steroid 5 α -reductase iso-enzymes expression between normal and pathological human prostate tissue

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Received 30 April 1997; accepted 18 January 1999

Abstract

We studied the expression level and cell-specific expression patterns of 5 α -reductase (5 α -R) types 1 and 2 iso-enzymes in human hyperplastic and malignant prostate tissue by semi-quantitative RT-PCR and in situ hybridisation analyses. In situ hybridisation established that 5 α -R1 mRNA is preferentially expressed by epithelial cells and little expressed by stromal cells whereas 5 α -R2 mRNA is expressed by both epithelium and stroma. Semi-quantitative RT-PCR has been performed on total RNA from different zones of normal prostate, BPH tissues and liver. We found that 5 α -R1 and 5 α -R2 mRNAs expression was near the same in all zones of normal prostate. In BPH tissue, 5 α -R1 and 5 α -R2 mRNAs expression was slightly but significantly increased, when it was compared to the levels recorded for normal prostate. In cancer samples, 5 α -R1 mRNA expression was higher than in normal and hyperplastic prostate but the level of 5 α -R2 mRNA was not statistically different from that observed in the different zones of normal prostate. In liver, 5 α -R2 mRNA level was similar to that measured in BPH but 5 α -R1 mRNA expression was ten times higher. The increase observed in 5 α -R isoenzymes expression in BPH tissue could play an important role in the pathogenesis and/or maintenance of the disease. © 1999 Elsevier Science Ltd. All rights reserved.

Keywords: 5 α -reductase; Prostate; Stroma; Epithelium; ISH; RT-PCR

1. Introduction

Androgens and, in particular, dihydrotestosterone (DHT), play a key role in the differentiation and growth of the human prostate. DHT is synthesised

from testosterone by two distinct membrane-bound steroid 5 α -reductase (5 α -R) isoenzymes—denoted type 1 (5 α -R1) and type 2 (5 α -R2) [1,2]—that are encoded by separate genes and have dissimilar characteristics, tissue distribution and response to pharmacological agents [3–7]. A pseudogene for 5 α R1 has also been identified [8]. 5 α -R1, which maps to chromosome 5, has a neutral basic pH optimum, is found in skin [9] and liver, and is present in individuals with genetic 5 α -R deficiency, whereas 5 α -R2, which maps to chromosome 2, has an acidic pH optimum and is expressed at high levels in the prostate. The encoding gene of 5 α -R2 is mutated in 5 α -R deficiency.

Abbreviations: 5 α -R, steroid 5 α -reductase (3-oxo-5 α -steroid NADP+4-ene-oxido-reductase); BPH, benign prostatic hyperplasia; CaP, prostate cancer; RT-PCR, reverse transcription followed by polymerase chain reaction; ISH, in situ hybridisation.

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Several teams have suggested that the two 5 α -R isoenzymes are present in human prostate tissue [10–13] but, although the expression of 5 α -R2 has long been widely accepted and is known to be inhibited by specific drugs like finasteride, that of 5 α -R1 has been controversial until now. In normal and hyperplastic tissue, immunoblotting experiments identified the 5 α -R2 isoenzyme only [14], although Northern blot analysis established the presence of the mRNAs of both isoenzymes [1,14,15] and kinetic studies on normal tissue revealed that 5 α -R activity is higher at an acidic (5.0) than neutral (7.0) pH [14]. However, very recently, Northern blot analysis and reverse transcription followed by polymerase chain reaction (RT-PCR) on isolated stromal and epithelial fractions have shown that the prostate stroma expresses both 5 α -R isoforms whereas the prostate epithelium expresses 5 α -R1 only [16]. Cultured epithelial cells expressed only 5 α -R in line with our earlier observations on the DU145 human epithelial prostate cancer cell line [17], recently confirmed by others [18].

Selectivity of inhibition can be used to suggest the presence of one or both 5 α -R isoforms, but cannot yield information on sub-tissular isoenzyme localisation. For this reason, to determine the cellular expression pattern of both isoenzymes and to quantify their expression level, in the present study, we have used *in situ* hybridisation (ISH) and RT-PCR on human prostate tissue.

2. Materials and methods

2.1. Prostate tissue processing

Prostate tissue from patients undergoing surgery or biopsy for benign prostate hyperplasia (BPH) or prostate cancer was immediately frozen and kept in liquid nitrogen. A representative sample was taken from each tissue for histopathological and immunohistochemical assessment.

2.2. *In situ* hybridization

Cryosections (10 μ m) of human prostate tissue were mounted on slides coated with 0.5% gelatine (wt/vol) 0.05% chromium potassium sulphate (wt/vol) and prepared for hybridisation to RNA probes as described by Ouafik et al. [19]. Radiolabeled riboprobes were prepared using 35 S-CTP (800 Ci/mmol) (Amersham, UK) and T3 or T7 RNA polymerases (Stratagene, La Jolla, CA, USA). 5 α -R cDNA (nucleotides 1–2107 (1)) and 5 α -R2 cDNA (nucleotides 224–584 (2)) were sub-

cloned into pBluescript II SK+ vector (Stratagene, La Jolla, CA, USA) and used as templates for riboprobe synthesis.

In situ hybridisation was performed as already described [19] for 24 h in a moist chamber under unsealed silane-treated coverslips at 56°C using 0.5–1 $\times 10^6$ cpm probe for each slide. Sections were washed twice for 30 min in 2 \times SSC at room temperature, incubated for 30 min at 30°C in 2 \times SSC containing 10 μ g/ml RNase A (Eurogentec, Belgium), washed twice for 30 min in 2 \times SSC and finally immersed in water for a few seconds. Sections were dehydrated by immersion in 100% ethanol, air dried and exposed to Hyperfilm (Amersham, UK) at room temperature for 2–3 days to estimate emulsion exposure times.

For resolution at the cellular level, sections were exposed to Ilford K5 autoradiography emulsion for 1 month at 40°C, developed and stained with hematoxylin and eosin.

2.3. Reverse transcription—polymerase chain reaction (RT-PCR)

Total RNA from human tissues was prepared according to Chirgwin et al. [20]. The level of mRNA was determined by semi-quantitative RT-PCR by comparison with an internal control: TBP, an ubiquitous transcription factor [21].

RNA was reverse transcribed and amplified according to Gil Diez de Medina et al. [22] using the following primers: 5 α -R1 forward 5'-GGTTTTGGCTTGTGGTTAACA-3', 5 α -R1 reverse 5'-CAAATAGTTGGC TGCAGTTAC-3', 5 α -R2-forward 5'-TACACAGACATACGGTTTAGC-3', 5 α -R2reverse 5'-CTTGTGGAATCCTGTAGCTGA3', TBP-forward 5'-AGTGAAGAA CAGTCCAGAC TG-3', TBP-reverse 5'-CCAGGAAATAACTCTGGC-TCAT-3'. The two primers of each pair were chosen in two different exons. The number of cycles was chosen to be in the exponential part of the PCR reactions (26 cycles for 5 α -R1 and 24 for 5 α -R2). The amplification reactions were performed with an initial cycle of 95°C for 5 min prior to the addition of Hi-Taq DNA thermostable polymerase (Bioprobe). Each cycle was as follows: 94°C for 1 min, 57°C for 1 min and 72°C for 1 min and 20 s. These cycles were followed by a final incubation step at 72°C for 10 min.

PCR products were analysed in duplicate on 8% polyacrylamide gels, fixed in 7% acetic acid and vacuum-dried. Autoradiograms were quantified with a Molecular Dynamics 300 PhosphorImager (Molecular Dynamics, Sunnyvale, CA, USA).

Table 1
Comparative analysis of mRNA levels for 5 α -reductases type 1 and 2 in normal prostate and BPH tissue. The levels of the different mRNAs were compared with that of TATA binding protein (TBP) by RT-PCR (\pm S.D.)

	Samples (<i>n</i>)	5 α R1/TBP	5 α R2/TBP
Normal prostate			
PZ ^a	6	0.158 \pm 0.059	0.802 \pm 0.292
TZ ^b	9	0.133 \pm 0.069	1.075 \pm 0.727
CZ ^c	4	0.157 \pm 0.065	0.924 \pm 0.028
BPH	17	0.224 \pm 0.059	1.527 \pm 0.413
Prostate cancer	10	0.285 \pm 0.095	0.563 \pm 0.298
Other tissues			
Liver	1	2.25	1.8
Striated muscle	1	0.17	0
Lung	1	0.18	0.13

^a PZ: peripheral zone;

^b TZ: transitional zone;

^c CZ: central zone.

3. Results

3.1. High sensitivity detection of 5 α -R isoforms in human prostate tissue by semi-quantitative RT-PCR

The presence of 5 α -R isoenzymes in the human prostate was first investigated by means of semi-quantitative RT-PCR. 5 α -R1 and 5 α -R2 mRNAs could be detected in all zones of normal prostate (peripheral, transitional and central) and in all BPH and prostate cancer samples. The levels of both 5 α -R mRNAs in the different zones of normal prostate were very similar (Table 1).

In BPH tissues, 5 α -R1 and 5 α -R2 mRNAs expression was slightly but significantly (Mann–Whitney test) increased ($P < 0.05$), in particular when it was compared to the levels recorded for the transitional zone of normal prostate (Fig.1).

In cancer samples, 5 α -R1 mRNA expression was significantly (Mann–Whitney test) higher than in normal

prostate ($P < 0.05$) but the level of 5 α -R2 mRNA was not statistically different from that observed in the different zones of normal prostate.

Other human tissues have also been investigated (Table 1). As expected, both mRNAs were found in liver with 5 α -R1 being expressed at very high levels and 5 α -R2 at a level similar to that observed in BPH. Little or no expression of 5 α -R2 was found in striated muscle and lung, whereas 5 α -R1 mRNA level in these tissues was similar to that of normal prostate.

3.2. Expression of 5 α -R mRNA isoforms in human prostate epithelial and stromal cells as determined by *in situ* hybridisation

In BPH and prostate cancer specimen, hybridisation with antisense 5 α -R1 riboprobe revealed large numbers of silver grains in many epithelial cells but comparatively few in isolated stromal cells (Figs. 2A and 3A). Hybridisation with sense 5 α -R1 riboprobe only gave a low background signal with no cell type specificity (Figs. 2B and 3B). Hybridisation with antisense 5 α -R2 riboprobe revealed labelling of comparable intensity in stromal cells (Figs. 2E and 3E) and some epithelial cells (Figs. 2C and 3C). Hybridisation with sense 5 α -R2 riboprobe gave no specific signal (Figs. 2D, 2F, 3D and 3F).

Positive staining by both antisense-strand probes was heterogeneously distributed over the sections. Stromal labelling of 5 α -R2 was confined to small cell clusters which were at times distributed around the epithelial cells. Epithelial labelling by 5 α -R1 or 5 α -R2 isoform probe was restricted to certain populations of cells only. Table 2 summarises the results obtained with the two riboprobes on the prostatic tissues examined.

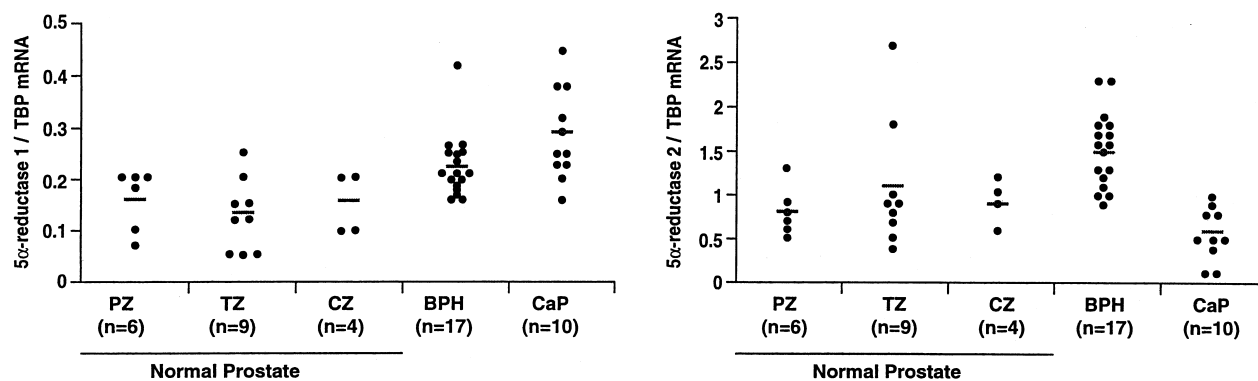


Fig. 1. 5 α -R1 and 5 α -R2 mRNA expression in normal prostate, BPH and prostate cancer tissues using RT-PCR. Reverse transcription and amplification were performed as described under Materials and methods. PZ: peripheral zone, TZ: transitional zone, CZ: central zone, (–): mean.

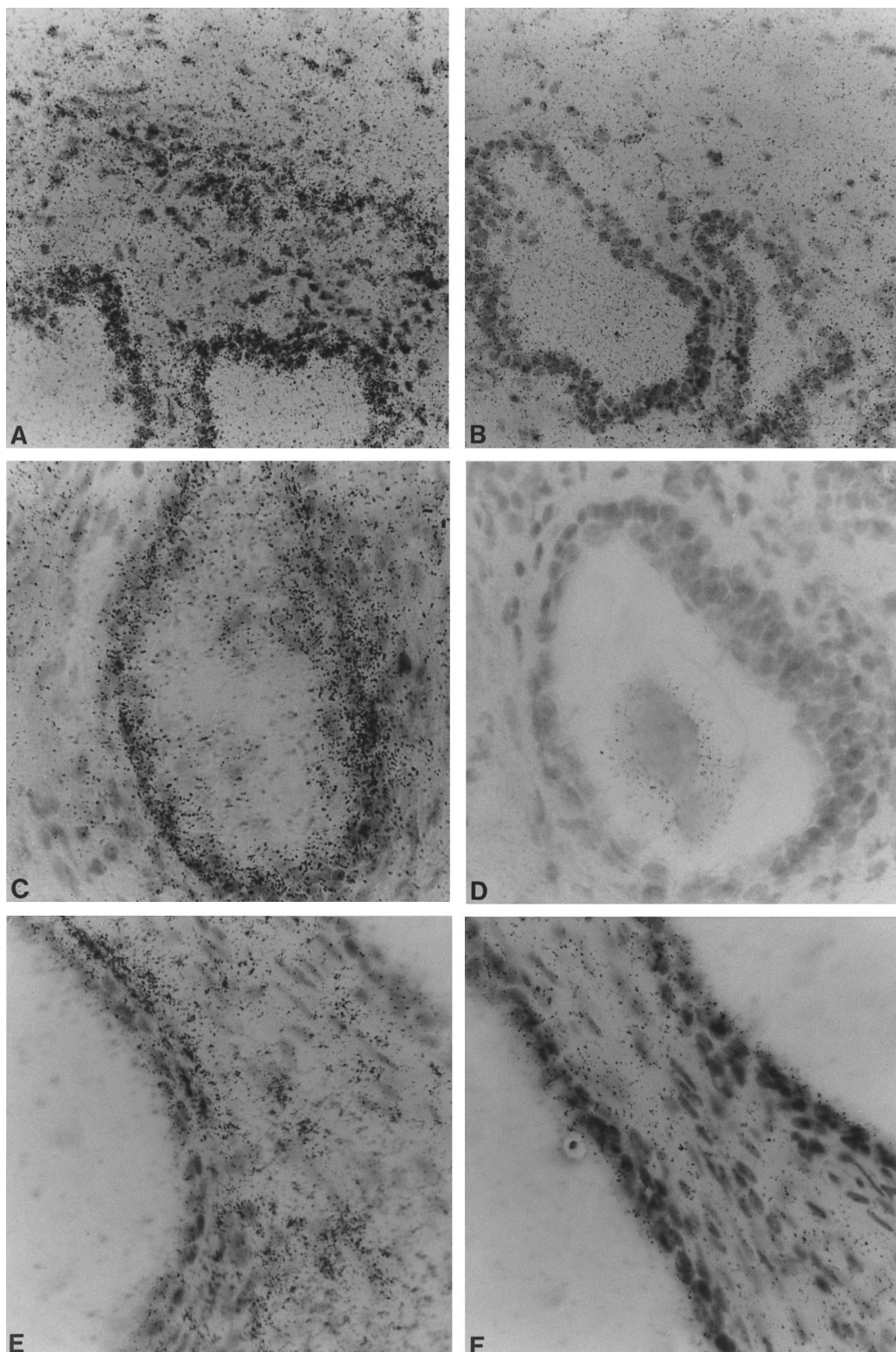


Fig. 2. Hybridisation of 5 α -reductase type 1 or type 2 sense- and antisense-strand (35 S)RNA probes to BPH tissues. (A) Section from BPH4 specimen hybridised with the type 1 antisense-strand probe ($\times 250$); (B) Same field on another section of the same specimen hybridised with the type 1 sense-strand probe ($\times 250$); (C) Section from a different BPH specimen (BPH2) hybridised with the type 2 antisense-strand probe ($\times 400$); (D) Same field on another section of a BPH2 specimen hybridised with the type 2 sense-strand probe ($\times 400$); (E) Section from BPH1 specimen hybridised with the type 2 antisense-strand probe ($\times 400$); (F) Same field on another section of the same specimen hybridised with the type 2 sense-strand probe ($\times 400$). Exposure time was 10 days for (A) and (B), 50 days for (C) and (D) and 25 days for (E) and (F).

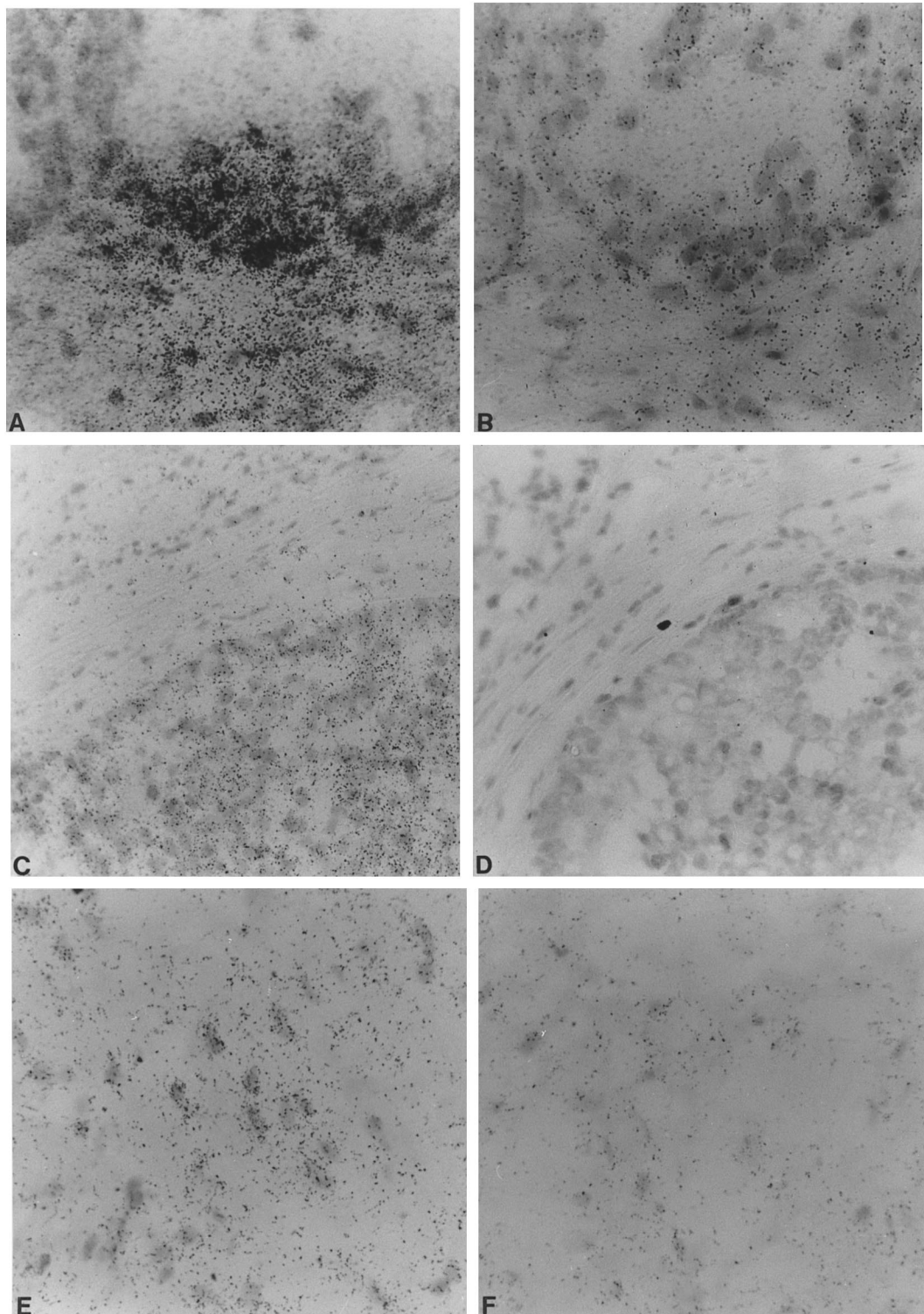


Fig. 3. Hybridisation of 5 α -reductase type 1 or type 2 sense- and antisense-strand (35 S)RNA probes to prostate cancer tissues.

(A) Section from CaP1 specimen hybridised with the type 1 antisense-strand probe ($\times 400$); (B) Same field on another section of the same specimen hybridised with the type 1 sense-strand probe ($\times 400$); (C) Section from CaP2 specimen hybridised with the type 2 antisense-strand probe ($\times 250$);

(D) Same field on another section of the same specimen hybridised with the type 2 sense-strand probe ($\times 250$); (E) Section from a different CaP specimen (CaP3) hybridised with the type 2 antisense-strand probe ($\times 400$); (F) Same field on another section of CaP3 specimen hybridised with the type 2 sense-strand probe ($\times 400$). Exposure time was 10 days for (A), and (B) and 25 days for (C), (D), (E) and (F).

Table 2

Cell-type-specific mRNA expression of 5 α -reductase isoforms in benign prostatic hyperplasia (BPH) and prostate cancer (CaP) specimens using in situ hybridization

	5 α -reductase 1		5 α -reductase 2	
	Epithelium	Stroma	Epithelium	Stroma
BPH3	ND ^a	ND	++	–
BPH4	±	+	–	++
BPH5	++	–	±	–
BPH6	++	–	+	±
BPH7	–	–	–	+
BPH8	+++	++	–	+
BPH9	++	–	++	–
BPH10	+	–	–	+
BPH11	–	–	–	–
Number of positive/total PHM cases	6/8	2/8	4/9	5/9
CaP3	+	+	–	±
CaP4	++	–	+	–
CaP5	ND	ND	–	+
CaP6	–	–	–	–
Number of positive/total CaP cases	2/3	1/3	1/4	2/4

^a ND: not determined.

4. Discussion

By using RT-PCR and in situ hybridisation we have found that the mRNAs of both 5 α -R isoenzymes are expressed in normal, hyperplastic and malignant prostate tissue. 5 α -R1 mRNA was preferentially expressed by the epithelial cells, whereas 5 α -R2 mRNA was expressed by both epithelial and stromal cells.

Evidence pointing to the existence of 5 α -R1 in epithelial cells was provided by our report showing, using a biochemical approach, that 5 α -R1 is the isoenzyme expressed in the human prostate cell line DU145 [17]. Since this cell line is derived from a brain metastasis of an epithelial prostate cancer [23], our result implied the presence of the isoenzyme in malignant epithelium. This observation has been further confirmed and extended to another cancer cell line HPC-36 M [24].

Using polyclonal antibodies against 5 α -R2 in immunohistochemical analyses of normal human prostate tissue, it has been found a strong signal in secretory epithelium (especially in basal cells), a weak staining of the stroma and no 5 α -R2 mRNA in muscle [25]. Our data on 5 α -R2 mRNA location are in accordance with these findings.

Although we tested at least six serial sections of each tissue specimen with sense and antisense riboprobes, one BPH and one prostate cancer sample proved to be negative for both 5 α -R mRNAs. We do not yet know whether these different labelling patterns represent regional variation within a single prostate specimen or between prostates from different individuals. This could be a reason explaining the differences

between our results and those recently reported by Bruchovsky et al. [16].

Quantification of the expression levels of the mRNAs indicated that both 5 α -R mRNAs expression is increased in BPH tissue in comparison with normal prostate. It has been shown very recently that mRNA expression of a variety of growth factors is identical in BPH tissue and the transitional zone of normal prostate (S. Gil Diez de Medina, F. Radvanyi, D. Chopin, personal communication).

The increase observed in 5 α -R isoenzymes expression could reflect one of the steps that lead to prostate cells hypertrophy. Conversely in prostate cancer tissue, 5 α -R1 mRNA expression was also increased, but not 5 α -R2, suggesting that 5 α -R1 isoform could be involved in the neoplastic transformation of the tissue [24].

Much of the work on prostate 5 α -R has been directed towards its role in the etiology of BPH and prostate cancer. In mice, mesenchyma is the inducing element in prostate development during embryogenesis and puberty [26]. In man also, the stroma appears to play the initiating role in the development of adenomatous nodules and to be the major constituent of hyperplastic tissues. However, why the prostate should have two 5 α -reductase isoenzymes still remains an enigma.

Acknowledgements

We thank Marie-Odile Sigonnez for excellent technical assistance and Dr Evelyne Ghazarossian (Urology

Department, Hôpital Nord, Marseille, France) for kindly supplying the tissue samples. We are extremely grateful to Professor D. W. Russell (Dallas, Texas) for providing us with 5 α -reductase type 1 and type 2 cDNA probes.

This study was supported by grants from Pierre Fabre Médicament (Castres, France) and Pharmacia-Farmitalia (Milan, Italy).

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